CONTORQUE DESIGN GUIDE W SPRING LIFE = 8,000 CYCLES

			b ➡	C 3/16	D 1/4	E 5/16	F 3/8	G 1/2	J 5/8	K 3/4	P 1	R 1 1/4	S 1 1/2	U 2
t	ID	Ds	Do	TORQUE M - Inch Pounds										
.002	.26	.30	.52	.05	.07	.09	.11	.14						
.003	.39	.45	.79	.12	.16	.20	.24	.32	.40					
.004	.52	.60	1.05	.21	.28	.35	.42	.57	.71	.85				
.005	.66	.75	1.31	.33	.44	.55	.66	.88	1.10	1.33	1.77			
.006	.79	.90	1.57		.64	.79	.95	1.27	1.59	1.91	2.54	3.18		
.008	1.05	1.21	2.10			1.41	1.70	2.26	2.82	3.39	4.52	5.65	6.78	
.010	1.31	1.51	2.62				2.65	3.53	4.42	5.30	7.07	8.83	10.6	14.1
.012	1.57	1.81	3.14					5.09	6.36	7.63	10.2	12.7	15.3	20.4
.014	1.83	2.11	3.67						8.65	10.4	13.8	17.3	20.8	27.7
.016	2.10	2.41	4.19							13.6	18.1	22.6	27.1	36.2
.018	2.36	2.71	4.72								22.9	28.6	34.3	45.8
.020	2.62	3.01	5.24								28.3	35.3	42.4	56.5
.022	2.88	3.31	5.76									42.7	51.3	68.4
.025	3.28	3.77	6.55									55.2	66.3	88.3
.031	4.06	4.67	8.12										102	136