CONTORQUE DESIGN GUIDE Y SPRING LIFE = 25,000 CYCLES

			b ➡	C 3/16	D 1/4	E 5/16	F 3/8	G 1/2	J 5/8	K 3/4	P 1	R 1 1/4	S 1 1/2	U 2
t	ID	Ds	Do	TORQUE M - Inch Pounds										
.002	.41	.47	.82	.04	.05	.06	.07	.10						
.003	.62	.71	1.23	.08	.11	.13	.16	.22	.27					
.004	.82	.95	1.64	.14	.19	.24	.29	.38	.48	.57				
.005	1.03	1.18	2.05	.22	.30	.37	.45	.60	.75	.90	1.20			
.006	1.23	1.42	2.47		.43	.54	.65	.86	1.08	1.29	1.72	2.15		
.008	1.64	1.89	3.29			.96	1.15	1.53	1.91	2.29	3.06	3.82	4.60	
.010	2.05	2.36	4.11				1.80	2.39	2.99	3.59	4.78	5.98	7.18	9.57
.012	2.47	2.84	4.93					3.44	4.30	5.17	6.88	8.61	10.3	13.8
.014	2.88	3.31	5.75						5.86	7.03	9.37	11.7	14.1	18.8
.016	3.29	3.78	6.58							9.19	12.2	15.3	18.4	24.5
.018	3.70	4.25	7.40								15.5	19.4	23.3	31.0
.020	4.11	4.73	8.22								19.1	23.9	28.7	38.3
.022	4.52	5.20	9.04									28.9	34.8	46.3
.025	5.14	5.91	10.3									37.4	44.9	59.8
.031	6.37	7.33	12.7										69.0	92.0